



Wednesday Prayer

3rd Sunday after Epiphany – We won't be shaken

For God alone my soul waits in silence, for my hope is from him.

He alone is my rock and my salvation, my fortress;

I shall not be shaken.

On God rests my deliverance and my honor;

my mighty rock, my refuge is in God.

Trust in him at all times, O people; pour out your heart before him;

God is a refuge for us. Psalm 62:5-8

I was so ready for 2021. I was anticipating turning the page on such a challenging year, watching the efficient distribution of vaccines, and planning ahead for the gradual return to some level of normalcy. I had managed my expectations pretty well throughout 2020 - adapting to zoom, accepting that I could not see most of my family or travel, and focusing on gratitude that no one close to me became seriously ill.

However right now, I'm feeling a bit wobbly. When David wrote Psalm 65, he was under attack and in verse 3, he refers to himself as a "tottering" fence. I get it! Even though I may have started a clean new calendar, the familiar and ordinary still feels very much under siege.

Yet even though under attack, David chose to trust in God and not be shaken! His hope remained in the Lord - no matter what else was happening. It's a reminder that the safest place to be when we yearn for security and stability is waiting with the Lord. The only thing that offers true refuge is God.

We must also not be shaken in our crucial work to prevent the sexual exploitation of children. Even and especially in times such as these, Cherish All Children and our Lutheran Social Service partners remain committed to expressing the love of Christ for all people through service that inspires hope.

So let's turn to God, pour out our hearts to God, and find rest. Christian band [Building 429](#) shares the following lyrics in their song *We Won't be Shaken*:

*Whatever tomorrow brings
Together we'll rise and sing
That we won't be shaken
No we won't be shaken*

Lord, Help us learn to rest in you and accept your timing for all things. You are our rock, our salvation and our source of protection. All power and steadfast love are yours, and we trust you. We won't be shaken. In Jesus name we pray, Amen.

Written by Gwen Kuhrt, Cherish All Children Advisory Board Member and LSS Foundation Board Member. Gwen is also a member of Mount Calvary Lutheran Church, Excelsior, MN.